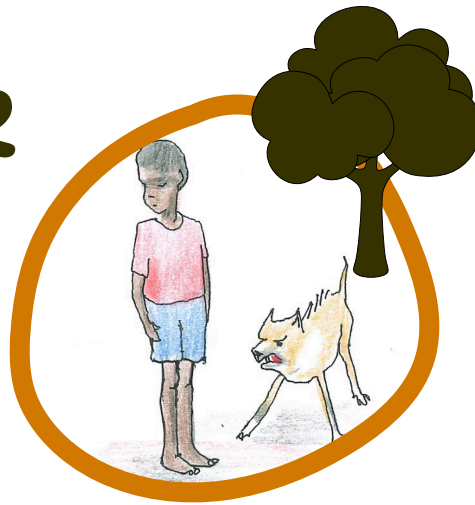


REMEMBER

If you are approached by a scary or angry dog - use the **'tree' pose**



If an angry dog knocks you over - use the **'rock' pose**



Illustrations by Danita Phelan Art



For Parents: Find Out More

You can find more resources on staying safe around dogs on the AMRRIC website



SCAN ME

Staying Safe Around Dogs

Find out how to stay safe if a dog is acting scared or cheeky.



If a dog acts dangerously or someone gets hurt by a dog, it's important to tell your **local council**.

Dogs can be our best friends. But sometimes we might meet a dog that is cheeky, acting aggressive or upset. When this happens, these tips will help to teach you how to stay calm and keep yourself safe.



If you are approached by a scary or cheeky dog:

1) 'Tree' Position

Stay still like a tree: legs together, arms by your side and look away from the dog.

This position shows the dog that you are not a threat. The dog will likely sniff you, get bored and leave.



2) Back Away Slowly

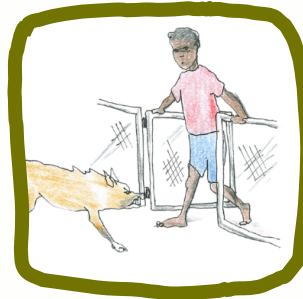
Once the dog has lost interest, start to back away slowly.

DON'T RUN! If you run, the dog may chase you!



3) Find a Safe Place

Try to find a safe place to wait until the dog goes away. This could be behind a gate, inside a house or in a car.



Last Resort

If a cheeky dog jumps on you, and you fall over, become a 'rock'.

'Rock' Position

Get onto your knees and curl up into a ball. Cover your neck with your hands and your ears with your arms.

Lay very still until help arrives or the dog leaves you alone.



Once the dog has left, it's time to seek some help! If you are injured see the clinic as soon as possible.